

PAMPERING PACKAGES

Pamper Packages to Suit

- 1 hour
- 2 hours
- 3 hours

(Priced accordingly)

Treat yourself today

Gift vouchers available for
all treatments

Foot Care

Gehwal - Everything used for the well-being of your feet. Specialised foot products using natural ingredients from Germany

Foot Pamper - 60 minutes

Pure indulgence of the feet which includes herbal footbath, toenail trimming, hard skin removal, cuticle care, mask, massage & polish

Classic Foot Care - 30 -45 minutes

Footbath, toenail trimming, smoothing of rough skin, cuticle care, massage & polish (optional)

Advanced Foot Care - 30 -90 minutes

Foot treatment personalised to your specific foot concerns to help improve calluses, removal of corns etc.

Toenail Trimming & File

Polish Application

Manicures - 30 - 60 minutes

Specialised hand care for all kinds of hands

Therapeutic Foot Care - 30 - 60 minutes

For the improvement of calluses, removal of corns, toenail clipping, cuticle & massage

Please bring open toes shoes if you intend to have polish



GEHWOL

massage
new zealand



THE NEW ZEALAND ASSOCIATION OF
registered
beauty
professionals
INC.



Natural Health Practitioners
New Zealand

Price list applies from May 2023 & is GST inclusive. This is subject to change without prior notice.

NOTE: 24 hour notification is required for appointment cancellation or cost of treatment may be charged.
EFPTOS available.

Established over 25 years, specialising
in individual, personal care in a
friendly, relaxing environment.



MARINA'S
NATURAL HEALTH & BEAUTY

Natural Beauty Therapy
Therapeutic Massage Therapy
Natural Health Therapies
Fascial Kinetics, A Bowen Therapy

MARINA SCOON

Dip BT, HbT, NT
Trained Vienna, Austria
International Qualifications
Chartered Health Professional

OPEN
Tuesday - Friday
Every other Saturday

CLOSED
Sunday & Monday

Phone: 027 8288 772
Email: msherbal@xtra.co.nz
www.marinasc.co.nz

32 Mathais Street, Darfield

FACIAL TREATMENTS

Following a thorough skin diagnosis, specialised products are used to deep cleanse, balance, nourish, hydrate stimulate & soothe your skin

EarthSentials - Natural & organic skin & body care range. Customised for the individual.

Made from the earth & nature's stores.

Chemical free, paraben free. No artificial preservatives, colouring, fragrances & no bulk fillers. All products are made in small batches to keep vitamins, botanicals & active ingredients as fresh as possible.

Deluxe Full Facial - 1 1/4 hours

Standard Facial which includes lash tint, arm massage. Uses specialised ingredients

Rejuvenating Treatment for Mature Skin - 1 hour

Deep Cleanse for Congested & Combination Skin - 1 hour

Standard - 1 hour

Mini - 30 minutes

Extractions - 30 minutes

Removal of blackheads, whiteheads etc

Non Surgical Face-Lifting - 45 minutes

Isogei - using isometric muscle contractions to lift & firm the face

Lashes & Brows

Semi Permanent Colouring

Eyelash Tinting

Eyebrow Tinting

Eyelash & Eyebrow Tinting

Eyebrow Shaping

THERAPEUTIC MASSAGE

Therapeutic Swedish Body Massage

- 30 - 60 minutes

To relieve tension, improve circulation & general well being

Hot Stone Massage - 60 - 90 minutes

Smooth warm Basalt stones are placed on the body. As you are massaged with them, feel the tension & stress melt away

Aromatherapy Body Massage - 1 hour

Using personalised Aromatherapy
Essential Oils

Indian Head Massage - 30 minutes

Based on an ancient healing system called Ayurveda. The massage is an invigorating, revitalising & uplifting treatment, working on the upper back, shoulders, scalp & face

Deep Tissue Massage - 30 - 60 minutes

A strong deep massage which locates & dissolves muscle tension. Great for muscle spasm, neck, shoulders or back pain

Bowen Therapy - 30 - 45 minutes

Soft tissue manipulation for the whole body. For all age groups. Gentle & relaxing

Back & Neck Massage - 30 minutes

Relaxing massage treatment for aching, stiff muscles, tension, stress & fatigue

Foot Reflexology - 30 minutes

Improves body well being by stimulating nerve ending through the feet

HAIR REMOVAL

Permanent Hair Removal - Minimum 10 minute rates apply

Electrolysis specialising in the removal of unwanted hair from the face & body

Waxing

Temporary removal of unwanted hair only
non-recyclable wax used

Full Leg Wax

3/4 Leg Wax

1/2 Leg Wax

Bikini Wax

Underarm Wax

Arm Wax

Facial Wax

Lip or Chin Wax

Eyebrow Wax

Full Leg, Bikini, Underarm Wax

1/2 Leg, Bikini, Underarm Wax

3/4 Leg, Bikini, Under Arm Wax

OTHER SERVICES

Natural Health Consultations

- Consultation fee - 30 minutes upwards

Nutrition & dietary advice

Weight loss programmes, food, vitamin & mineral supplement advice

Assisting the body to heal itself using natural remedies

Infrared Sauna - Up to 1 hour

For beneficial healing effects, low heat infrared sauna includes the holistic approach by using colour therapy, aromatherapy & music

Red Vein - 10 minutes upwards

Removal of broken capillaries from the face only